NOTIFICATION PURSUANT TO **SECTION 6 OF DSHEA** AND 21 C.F.R. § 101.93

This notification is being filed on behalf of Natural Balance, Inc., 3130 N. Colline 8002, Castle Rock, CO 80104 - 8002, which is the manufacturer of the product which bears the statements identified in the Notification. This Notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. § 101.93. The dietary supplement product on whose label or labeling statements appears is ZMATM.

The text of each structure-function statement for which notification is now being given is:

Statement 1:

ZMA is the all-natural, patent pending formula which is clinically proven to

increase testosterone.

Statement 2:

Increases Free Testosterone.

Statement 3:

Enhances Recovery.

Statement 4:

Promotes Tissue Repair.

The following summary identifies the dietary ingredient(s) for which a statement has been made:

Statement Number	Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement
1.	Vitamin B6 (as pyridoxine HCl), Magnesium (as aspartate), Zinc (as l -monomethionine/aspartate) L -OptiZinc ${\mathbb R}$
2.	Vitamin B6 (as pyridoxine HCl), Magnesium (as aspartate), Zinc (as l-monomethionine/aspartate) L-OptiZinc®
3.	Vitamin B6 (as pyridoxine HCl), Magnesium (as aspartate), Zinc (as l-monomethionine/aspartate) L-OptiZinc®
4.	Vitamin B6 (as pyridoxine HCl), Magnesium (as aspartate), Zinc (as l-monomethionine/aspartate) L-OptiZinc®

The following identifies the brand name of each supplement for which a statement is made:

Statement Number	Brand Name	Label or Labeling
1.	ZMA TM	Label - 90 Capsules
2.	ZMA TM	Label - 90 Capsules
3.	ZMA TM	Label - 90 Capsules
4.	ZMA TM	Label - 90 Capsules

I, Moira Cervi-Skinner, am authorized to certify this Notification on behalf of Natural Balance, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that Natural Balance, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 3.15.00

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